

Chapter 2 Care of the Family in a Culturally Diverse Society

MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

- 1) Which examples of a pregnant client's culture may influence her decision making? (Select all that apply.)
- A) The client follows the nutrition advice of the certified nurse-midwife.
 - B) The client's husband comes to a prenatal visit to hear the fetal heartbeat.
 - C) The client plans to return to work full-time at six weeks postpartum.
 - D) The client's grandfather makes the family's major health care decisions.
 - E) The client includes specific foods in her diet every day during pregnancy.

Answer: D, E

- 2) At 38 weeks gestation, the client reports to the nurse that she will return to work when her child is two weeks old, and her grandmother will care for the infant. This is an example of:
- A) A family development stage.
 - B) A spiritual belief.
 - C) A developmental task.
 - D) An economic employment trend.

Answer: D

- 3) The public health nurse is working with a student nurse. The student nurse asks which of the six groups of people seen today are families. How should the nurse respond? "The clients we visited today that are families are the: (Select all that apply.)"
- A) Married heterosexual couple with three children, living with grandparents."
 - B) Unmarried heterosexual couple with two biological children."
 - C) Gay couple with two adopted children."
 - D) The married heterosexual couple without children."
 - E) Lesbian couple not living together that have no children"

Answer: A, B, C, D

- 4) The nurse is preparing a community presentation on family development. Which of the following statements should the nurse include?
- A) A family does not experience overlapping of stages.
 - B) The stages describe the family's progression over time.
 - C) The youngest child's age determines the family's current stage.
 - D) Family development ends when the youngest child leaves home.

Answer: B

- 5) The family the nurse is caring for in the community has a two-month-old child. The infant is breastfed, and the father helps care for the child by changing diapers, and dressing and bathing the baby. The mother will be returning to work when the baby is three months old, and a day care provider has been arranged. Although the mother occasionally feels fatigued, the couple has resumed having sexual relations, although not as frequently as before the pregnancy. Which family model best describes this family?
- A) Model of the Breastfeeding Mother
 - B) Model of the Childbearing Family
 - C) Model Incorporating the Unattached Young Adult
 - D) Model of the Nuclear Family

Answer: B

- 6) The pregnant client reports to the nurse that she is eating dirt on a weekly basis, and was told to do this by her grandmother to have a healthy pregnancy. How should the nurse respond?
- A) "There is no problem with this practice. Feel free to continue."
 - B) "Your grandmother gave you bad advice. Stop at once."
 - C) "This practice is completely unhealthy and should be stopped."
 - D) "The soil may contain contaminants that could harm your baby."

Answer: D

- 7) The nurse is performing a cultural assessment using the Transcultural Assessment Model. What aspect of communication should the nurse keep in mind when planning the assessment?
- A) Personal space does not vary from one culture to another.
 - B) The use of silence may differ among different groups.
 - C) Non-verbal communication is consistent across cultures.
 - D) Cultural groups living in America are future-oriented.

Answer: B

- 8) A family is said to be acculturating to United States norms when the parent makes which of the following statements?
- A) "Our diet now includes hamburgers and French fries."
 - B) "We celebrate the same holidays that we used to at home."
 - C) "The children are much less well-behaved than they used to be."
 - D) "When the children leave the house, I worry about them."

Answer: A

- 9) The nurse is working with an immigrant group in the community that has been in the state for several years. Which of the following findings would indicate that the immigrant group is acculturating?
- A) Fewer screening mammograms
 - B) Lowered cholesterol levels and insulin resistance
 - C) Decreased incidence of obesity in adults and children
 - D) Increased rates of cervical cancer screening exams

Answer: D

- 10) The nurse manager in a hospital with a large immigrant population is planning an inservice. The nurse manager is aware of how ethnocentrism affects nursing care. Which statement should the nurse manager include? "The belief that one's own values and beliefs are the only or the best:
- A) Can create barriers to communication through misunderstanding."
 - B) Leads to an expectation that all clients will exhibit pain the same way."
 - C) Improves the quality of care provided to culturally diverse clients."
 - D) Means that newcomers to the United States should adopt United States norms and values."

Answer: A

- 11) When planning care of childbearing families, the nurse encounters different spiritual and religious beliefs and practices. Which of the following is a spiritual practice that could impact the nurse's care of the childbearing family?
- A) A strong belief in reincarnation, and thus refusal of an autopsy
 - B) Refusing consent for a blood transfusion by a Jehovah's Witness
 - C) Request by the family to speak to a Roman Catholic priest

D) The desire to light candles at home during a naming ceremony

Answer: A

12) When preparing to teach a group of culturally diverse childbearing families about hospital birthing options, in order to be culturally competent, the nurse should:

- A) Understand that the family has the same values as the nurse.
- B) Teach the family how childbearing takes place in the United States.
- C) Learn about the cultural groups that are likely to attend the class.
- D) Insist that the client answer questions instead of her husband.

Answer: C

13) The laboring client is being tended by her mother, older sisters, and aunts. The husband of the client is not at the hospital. The most likely explanation for this, based on an understanding of the client's culture, is:

- A) Labor support is to be provided by adult women, not men.
- B) The client and her husband are not legally married.
- C) This is the indirect communication of this culture.
- D) The husband is angry at his wife.

Answer: A

14) The nurse in the community should use a family assessment tool to obtain what type of information?

- A) How they meet their nutritional needs and obtain food
- B) What other health insurance the family has had in the past
- C) How long the family has lived at their current address
- D) What eye color they desire in their unborn child

Answer: A

15) The laboring client the nurse is caring for speaks English well, and has identified her race as Asian. She has requested only warm water to drink, and has refused ice chips and cold liquids throughout the labor. The nurse understands that this is most likely related to:

- A) Folklore concerning the desired sex of the unborn child.
- B) A desire to have complete control of the environment.
- C) The client's belief in the role of hot and cold in health.
- D) The fact that the client has not yet become thirsty.

Answer: C

1) D, E

2) D

3) A, B, C, D

4) B

5) B

6) D

7) B

8) A

9) D

10) A

11) A

12) C

13) A

14) A

15) C